

Freshmen Syllabus

The Creed

-Session 1 – Being Catholic: The “Cliff Notes” View

Objectives:

- .The learner will identify and name core Catholic beliefs and discover how those beliefs foster Catholic identity.
- .The learner will understand some core Catholic practices and how they are relevant to the learner's life
- . The learner will gain insight into some key Catholic attitudes and the ways they can be lived out

Materials: tape-newsprint-marker-basket-journals-pens-prayer cards (Acts of Faith)-reflective music-CD player-

Scripture: 2 Thessalonians 2: 15-17

Resources:

- .Catholic Faith Handbook pp.13-19
- .Total Catechesis – Creed pp.17-31

-Session 2 – Knowing God

Objectives:

- .The learner will gain insight into the Catholic Church's understanding of Revelation and its transmission
- .The learner will understand how Catholics come to know the truth about God and why that has meaning for their lives.

Materials: paper-pens-tape-marker-newsprint-prayer cards (resource 3) Envelopes-box w/lid-handout (4)

Scripture: 1 Samuel 3: 3-10, 19, Jeremiah 1:4-9

Resources:

- .Catholic Faith Handbook pp.20-29
- .Total Catechesis – Creed pp.23-26

-Session 3– Faith

Objectives:

- .The learner will gain a better understanding of the Church's creeds and how they relate to a life of faith
- .The learner will be prepared for a more meaningful recitation of the Nicene Creed during the liturgy
- .The learner will recognize the Trinitarian structure of the Church's creeds

Materials: handout (5)-newsprint-markers-resource (4)-tape

Scripture:

John 20: 24-29

Resources:

.Catholic Faith Handbook pp.32-39

.Total Catechesis – Creed pp.43-53

-October 24 – Diocesan Youth Rally

-Session 4 – God Our Father

Objectives:

.The learner will recognize that people use various images to gain insight into the mystery of God

.The learner will explore central images of God in the Scriptures and in Church Tradition

.The learner will investigate the meaning of the doctrine of the Trinity and consider how it helps people to more deeply understand the mystery of God

Materials: Handout (6)-resource (5CD)-newsprint-handout (7)- markers-Tape

Scripture:

Genesis 1: 26-27

John 16: 5-15

Resources:

Catholic Faith Handbook pp.40-47

Total Catechesis pp.34-37

-Session 5 – The Human Person

Objectives:

.The learner will understand key concepts of the Church's teaching on Creation

.The learner will reflect on the goodness of God's Creation and her or his own identity as part of Creation

.The learner will be introduced to the doctrine of original sin

Materials: Handout (10)-newsprint-tape-markers-scissors-glue-magazines-whistle-handout (12)

Scripture:
Genesis 3: 1-6
Genesis 2: 16-17

Resources:
Catholic Faith Handbook pp.48-55
Total Catechesis – Creed pp. 38-42

-Session 6– Jesus Christ: True God and True Man

Objectives:
.The learner will distinguish between the fully divine nature of Jesus and the fully human nature of Jesus
.The learner will recognize the mystery of Jesus through discovery of who Jesus is
.The learner will recognize Jesus as the center of the Catholic faith

Materials: Handout (13)-newsprint-markers-tape

Scripture:
Luke 9: 18-21
Luke 1: 26-31
Mark 8: 27-29
Mark 1: 9-11
John 20: 24-29
1 John 4: 7-12

Resources:
Catholic Faith Handbook pp.56-63
Total Catechesis pp.43-45

-Session 7 – Mary, Mother of God

Objectives:
.The learner will review Mary's extraordinary gift to us when she said yes to becoming the mother of Jesus
.The learner will consider Mary's role as the first disciple-an example of the life all Christians are called to live
.The learner will reflect on his or her own experiences of saying yes to God's will

Materials: Handouts (15-16)-pens-reflective music-CD player

Scripture:
Luke 1: 26-49

Luke 2: 46-55

Resources:

Catholic Faith Handbook pp.61-63

-Session 8 – Jesus' Message and Mission

Objectives:

.The learner will understand the effectiveness of parables in Jesus' Ministry and their use in communicating the Kingdom of God

.The learner will probe the concept of the Reign of God and how it guided Jesus' mission

.The learner will reflect on her or his own way of being and on goals for the future in light of Jesus' mission and invitation to enter the kingdom

Materials: Handout (18)-paper-pens-resource (8)

Scripture:

Luke 15: 11-32

Luke 16: 1-13, 19-31

Luke 10: 30-37

Luke 13: 18-19

Matthew 18: 23-35

Matthew 7: 24-27

Matthew 13: 24-30, 44-46

Matthew 20: 1-16

Matthew 22: 1-14

Matthew 25: 1-13

Mark 1: 9-11

Mark 4: 1-20

Resources:

Catholic Faith Handbook pp.64-73

Total Catechesis – Creed pp.46-50

-Session 9 – Jesus' Death

Objectives:

.The learner will explore the Passion and death of Jesus and its profound meaning for all Christians

.The learner will gain a general understanding of the key events surrounding the Passion and death of Jesus

Materials: Handout (20)-resource (9-10)-newsprint-markers-tape-paper clips pens- paper-

Scripture:
Matthew 26-27
Mark 14-15
Luke 22-23
John 12
Luke 23:5, 46
Luke 22: 39-44
John 18:12-19:16
Isaiah 52:13-53:11

Resources:
Catholic Faith Handbook pp.74-82
Total Catechesis – Creed pp.51-55

December 19 Christmas

January 9 – Deanery Skiing Sleepy Hollow

Session 10 – Jesus Resurrection

Objectives:

- .The learner will understand the Paschal mystery-particularly the mystery of Jesus' passage through death to new life
- .The learner will understand the Resurrection of Jesus to be both historical and transcendent, the fulfillment of God's promise, and the work of the Holy Trinity
- .The learner will explore the story of the Resurrection and its significance both in the story of Jesus and in the faith journey of all Christians
- .The learner will explore the significance of Jesus' death and Resurrection for her or his own life

Materials: Handout (21)-newsprint-markers-tape-plastic eggs-art
Supplies-reflective music- CD player-large candle & 10 sm candles-
Handout (22CD)

Scripture:
Matthew 27: 62-66, 28: 1-20
Mark 15: 42-47, 16: 1-20
Luke 23: 50-56, 24: 1-53
John 19: 38-42, 20: 1-31, 21: 1-25

Resources:
Catholic Faith Handbook pp.83-91

Total Catechesis – Creed pp.56-59

Session 11 – The Holy Spirit

Objectives:

- .The learner will more deeply understand the Holy Spirit as one of the three persons of the Trinity, active and present in the world today
- .The learner will become familiar with the seven gifts of the Holy Spirit
- .The learner will discover the meaning and significance of many of the Church's symbols of the Holy Spirit
- .The learner will be reminded that belief in the Holy Spirit involves having faith that God is active and present in his or her life and in the lives of others today

Materials: Handout (23)-construction paper-markers-tape-fans-paper-pens-resource (12 & 14)-clear bowl or pitcher-oil-fan-picture of Holy Spirit as a dove

Scripture:

Genesis 1: 1-2
John 14:16, 15:26, 16:7
1 Corinthians 12: 4-7
Galatians 5:22-23

Resources:

Catholic Faith Handbook pp.92-99
Total Catechesis – Creed pp.60-65

Session 12 –The Mission of the Catholic Church

Objectives:

- .The learner will appreciate the images used to describe the Church's nature and mission
- .The learner will explore the meaning and significance of the scriptural images of the Church as the people of God, the Body of Christ, and the temple of the Holy Spirit
- .The learner will reflect on the Church as a mystery and as one, holy, catholic, and apostolic.

Materials: Handout 25- newsprint-tape-markers-handout (26CD)-Resource (15)-scissors- glue

Scripture:

Luke 4: 16-21

Resources:
Catholic Faith Handbook pp.100-110
Total Catechesis – Creed pp.66-70

-Session 13 – The Organization of the Catholic Church

Objectives:

- .The learner will understand the hierarchical structure and decision-making process of the Catholic Church
- .The learner will appreciate her or his unique and important role within that structure
- .The learner will begin to understand the focus of ecumenism

Materials: Handout (27)-rope-blindfolds-

Scripture:
Matthew 16: 18-19

Resources:
Catholic Faith Handbook pp.111-122
Total Catechesis – Creed pp.71-75

-Session 14 – The Last Things

Objectives:

- .The learner will explore the Church's view of death and last things
- .The learner will identify the characteristics of people who, by living with extraordinary faith, provide the Church today with examples of the life of holiness we are all called to by God
- .The learner will identify potential areas of growth while striving to live a saintly life

Materials: Handout (30)-paper-pens-index cards-colored paper-Newsprint-tape

Resources:
Catholic Faith Handbook pp.123-131
Total Catechesis – Creed pp.76-79

Christian Prayer

-Session 1 - Chapter 5 – Challenges of Prayer

Objectives:

- .The learner will be presented with the difficulties involved in praying And encouraged to discuss ways of overcoming those difficulties
- .The learner will examine and discuss the various misperceptions

about prayer

.The learner will explore the kind of effort needed to develop a solid prayer life

Materials: Handout (10)-newsprint-marker-tape-

Resources:

Catholic Faith Handbook pp.327-331

Total Catechesis-Christian Prayer pp.74-85

-Session 2 - Chapter 6 – Praying with the Scriptures

Objectives:

.The learner will establish connections between reading and praying the Scriptures

.The learner will identify key scriptural texts that are significant to his or her continual faith development

.The learner will develop an understanding of the Scriptures as a useful tool in deepening his or her prayer life

Materials: Handout (11)-songbooks-newsprint-markers-tape-paper-pens

Scripture:

Genesis Chapter 1

Exodus 16: 4-15

Psalms 139

Luke 6: 37-42

John 8: 2-11

Acts 20: 7-12

Romans 8: 31-39

Psalms 91

Resources:

Catholic Faith Handbook pp.332-341

Total Catechesis – Christian Prayer pp.86-99

March 6

Lent – Stations of the Cross

-Session 3 - Chapter 9 – The Lord's Prayer – God's Glory

Objectives:

.The learner will identify the reasons we pray and the Lord's Prayer and its potential to change us

.The learner will understand the opening address as a means to place themselves in the presence of God and in the right frame of mind

.The learner will explore the first three petitions, which address the glory to the Father, the sanctification of his name, the coming of his kingdom, and the fulfillment of his will.

Materials: Handout (16-17)-newsprint-markers-pens-

Scripture:

Matthew 13: 44-50

Luke 13: 20-21

Mark 4: 30-32

Resources:

Catholic Faith Handbook pp.352-360

Total Catechesis – Christian Prayer pp.134-149

-Session 4 - Chapter 10 – The Lord's Prayer – Human Need

Objectives:

.The learner will recognize the final four petitions of the Lord's Prayer as Jesus' answer to the desires of the Christian heart

.The learner will understand the need to boldly ask for nourishment, healing of sins, and the victorious struggle of good over evil

.The learner will acknowledge a dependence on God for all essential things needed to sustain life.

Materials: Handout (19-20)-newsprint-tape-markers-pens

Scripture:

Psalm 104: 27

Resources:

Catholic Faith Handbook pp.361-369

Total Catechesis – Christian Prayer pp.150-166

Holy Week - Easter